



Dr. HAWAZEN OMAR RAWAS

Associate Professor-AGU

Professional Resume & Bio-Data



Personal Data

Name: Hawazen Omar Rawas

Nationality: Saudi

Marital Status: Married

Date of Birth: 19 Feb 1981

Place of Birth: Makkah

Languages: Arabic/ English

Home Address: Al-Jasrah, Bahrain

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Summary

Strategic academic leader and Nursing Program Director with proven expertise in establishing and advancing competency-based nursing education. Led the development and implementation of a comprehensive BSN program aligned with international standards, regulatory frameworks, and accreditation requirements. Successfully led the Quality Unit for several years, overseeing accreditation processes, regulatory compliance, policy development, and continuous quality improvement initiatives to achieve institutional and program accreditation.

Demonstrated expertise in curriculum design, academic governance, outcome-based education, competency mapping, and assessment alignment. Strong experience in regulatory engagement with national authorities such as the National Health Regulatory Authority, ensuring program quality and graduate readiness. Committed to driving innovation in nursing education through simulation-based learning, outcome-based education, and integration of emerging healthcare technologies.

Key Accomplishments

- Founded and led the establishment of the Bachelor of Science in Nursing (BSN), Postgraduate Diplomas programs at Arabian Gulf University.
- Developed a spiral, competency-based Nursing Competency Framework aligned with international and regional standards.

- Successfully positioned the program to achieve competitive academic performance and national recognition.
- Led a program to achieve First Place in a prestigious academic competition among 21 universities across GCC countries, demonstrating program excellence despite being in its early developmental stage.
- Successfully built and formalized strategic academic collaborations through Memoranda of Understanding (MOUs) with leading international and Gulf universities to enhance academic quality, research opportunities, faculty exchange, and student development.
- Led the full development of undergraduate and postgraduate curricula, including structured clinical training models.
- Established strong academic–clinical partnerships to enhance experiential learning and student readiness.
- Introduced interprofessional education and innovation-driven curricular components.
- Led the Quality Unit for several years, overseeing institutional and program-level quality assurance processes.
- Directed accreditation preparation, documentation, and compliance processes in alignment with regulatory and national standards.
- Published in high-impact, Q1-indexed journals and contributed to book chapters and scholarly publications in nursing education and simulation.
- Serving since 2017 as a national exam contributor with the Saudi Commission for Health Specialties (SCFHS), participating in the design, validation, and quality assurance of the Saudi Nursing Licensure Examination (SNLE – Adult Nursing).
- Chairing the Postgraduate Cardiac Diploma Examination Committee, overseeing specialty-level assessment governance, blueprinting, standard setting, and examination integrity.

Academic Qualifications

Date	Academic Degree	Specialty	Place of Issue	Research Title
2018	Master of Medical Education	Education	King Saud bin Abdulaziz University for Health Sciences, KSA	Comparing the Effects of Individual Versus Group Face-to-Face Class Activities in Flipped Classroom on Student's Test Performances.
2015	Doctor of Philosophy	Cardiac Diseases Nursing	Queensland university of Technology, Australia	The Second Chance Project: A Multi -Level Examination of Secondary Prevention Practices



				for Saudi People Following a Recent Cardiac Event.
2010	Master of Science in Nursing	Medical/Surgical Nursing	Queensland University of Technology, Australia	The Decision-Making of Saudi Women Students Who Study Nursing: A Grounded Theory Study.
2004	Bachelor of Science in Nursing	General Nursing	King Abdulaziz University, KSA	-

Professional Roles (Beginning with the most recent)

Job Rank	Place	Date
Director, Nursing department	CMHS, AGU, Bahrain	9/2024-Present
Program Developer, Bachelor of Science in Nursing Curriculum	CMHS, AGU, Bahrain	2024-present
Program Developer, Postgraduate Diploma in Oncology Nursing	CMHS, AGU, Bahrain	2025
Program Developer, Postgraduate Diploma in Gerontological Nursing	CMHS, AGU, Bahrain	2025
Director, Development and Quality Assurance Unit	CON-J, KSAU-HS, KSA	2022-2024
Associate Dean for Clinical Affairs	CON-J, KSAU-HS, KSA	2019-2021
Assistant Dean for Clinical Affairs	CON-J, KSAU-HS, KSA	2017-2019
Certified OSCE Examiner	Saudi Commission for Health Specialties (SCFHS)	2022-Present
Founder of Chronic Care Specialist	The Health Academy, SCFHS	2022
Academic Quality Reviewer (National Center for Academic Accreditation and Evaluation NCAAA)	The Education and Training Evaluation Commission	2020-Present
Certified a Case Designer for OSCE	SCFHS, KSA	2020-2025
Academic Quality Practitioner (National Center for Academic Accreditation and Evaluation NCAAA)	The Education and Training Evaluation Commission	2020-Present
Associate Professor	CON-J, KSAU-HS, KSA	2022- Present
Associate Professor	CMHS, AGU, Bahrain	2022-Present
Assistant Professor	CON-J, KSAU-HS, KSA	2015-2022
Teaching Assistant	CON-J, KSAU-HS, KSA	2017-2018
Certified Item Author	SCFHS, KSA	2018-Present
Member, Saudi Nursing Licensure Examination (SNLE) Committee	SCFHS, KSA	2017-Present
Member, Quality Evaluation project for the Private Nursing School Sector.	Ministry of Higher Education, KSA	2017-2018
Chair, Cardiac Nursing Diploma Exam Committee	SCFHS, KSA	2018-Present
Member, scientific committee of Cardiac Nursing Diploma Program	SCFHS, KSA	2020-Present
Member, Saudi Society for Simulation in Healthcare	SSSH, KSA	2019-Present

Member, International Nursing Association for Clinical Simulation and Learning INACSL	INACSL, USA	2019-Present
Member, the Saudi Heart Association.	SHA, KSA	2010-present
Member, the Queensland Honor Society of Nursing	QUT, Australia	2010-2015
Member, ACNC (Australasian Cardiovascular Nursing College)	Australia	2010-2015

Scientific Achievements

Published Refereed Scientific Research

1. **Rawas, H.**, de Beer, J., Alhazmi, A. et al. (2026). Work-family conflict, depression, burnout, and perceived patient safety culture among ICU nurses in four tertiary hospitals in the Western Region of Saudi Arabia: a cross-sectional study. BMC Nursing.
<https://doi.org/10.1186/s12912-026-04445-x>
2. Yasmeen, N., Kumar, V., Ali, MG., & **Rawas, H.** (2026). Future trends and innovations in breast cancer diagnosis and treatments, stem cell therapy, antimicroRNA therapy, exosome therapy, gene therapy, nanomedicine, and the role of artificial intelligence in breast cancer diagnosis and treatment. In *Current Trends in Breast Cancer Pathology, Screening, Diagnosis and Treatments* (pp. 279-371). Academic Press. <https://doi.org/10.1016/B978-0-443-33347-7.00006-3>
3. De Beer, J., Omer, T., Filipinas, V., Behri, W., Bawazer, E., Cronje, L., Aldossary, H., Barrios, J., Ascano, E., Alshowaiman, L. & **Rawas, H.** (2026). Family engagement in intensive care: perceptions, barriers, and facilitators among nurses in Saudi Arabia. BMC Health Serv Res (2026). <https://doi.org/10.1186/s12913-026-14044-w>
4. Felemban, D., Eswi, A., & **Rawas, H.**, (2025). Healthcare providers' educational role and Saudi pregnant women's knowledge of active labor signs: a cross-sectional correlational study. Journal of Medicine and Life.18(12), 1124-1136. http:// DOI: [10.25122/jml-2025-0145](https://doi.org/10.25122/jml-2025-0145)
5. **Rawas, H. O.**, de Beer, J., Abu Bakar, S. A., Almutairi, S., Jaafari, N., Hazzazi, H., Alzahrani, A., Alghumuy, R., Hadadi, N., Alfahimi, S., Alharbi, S., Alzubaidi, E. Y., Saifan, A. R., & Al-Yateem, N. (2025). Barriers and Facilitators to Patient Education Among Nurses in Multicultural Hospital Settings: A Cross-Sectional Study. Nursing Reports, 15(10), 371. <https://doi.org/10.3390/nursrep15100371>
6. Saifan, A.R., Tadros, E.M., **Rawas, H.** et al. (2025). Cultural and systematic barriers to communication between nurses and family members in the ICU. BMC Nurs 24, 804. <https://doi.org/10.1186/s12912-025-03417-x>
7. Omer, T., **Rawas, H.**, & Bukhari, E. (2025). Investigation of Compassion Competence, Risk of Compassion Fatigues, and Burnout Among Multicultural Nurses Caring for COVID-19 Patients in King Abdulaziz Medical City, Jeddah. South Eastern European Journal of Public Health, 3698–3717. <https://doi.org/10.70135/seejph.vi.3532>



8. Abou Hashish, E., Alnajjar, H & **Rawas, H.** (2025). Voices on academic accreditation: lived experiences of nurse educators, administrators, students, and alumni in nursing education. BMC Medical Education. 25:64. <https://doi.org/10.1186/s12909-025-06657-2>
9. **Rawas, H.**, de Beer, J.; Alturki, O.; Altorki, M.; Alhelali, T.; Althagfi, A.; Faisal, N.; Albalawi, F.; & Khan, M. (2024). Hopelessness and Social Support among Cancer Patients in Saudi Arabia. Asian Pacific Journal of Cancer Prevention: APJCP; 25(4).
https://journal.waocp.org/article_91107.html
10. De Beer, J.; **Rawas, H.** & Beheri, W. (2024). Workplace dignity amongst clinical nurses. BMC Nursing. 23:715. <https://doi.org/10.1186/s12912-024-02376-z>
11. De Beer, J.; Heaphy, E.; Filipinas, V.; Bawazer, E.; & **Rawas, H.** (2024). Nursing Research Capacity Building at a Tertiary Hospital in Jeddah, Saudi Arabia: A cross-sectional Study. Journal of Nursing Sciences and professional Practice.
https://journals.lww.com/jnspp/fulltext/2024/01010/nursing_research_capacity_building_a_t_a_tertiary.7.aspx.
12. Omer, T.; **Rawas, H.** & Bukhari, H. (2023). Compassionate Nursing Care for COVID-19 Patients in the ICU in the Western Region of Saudi Arabia: A Lived Experience Study. Cureus.; 15(10). Available from: [http:// 10.7759/cureus.46954](http://10.7759/cureus.46954).
13. **Rawas, H.** (2023). Exploring evidence-based practice among clinical teaching assistants at a college of nursing in Jeddah, Saudi Arabia: A grounded theory. International Journal of Africa Nursing Sciences.; 19. Available from: <https://doi.org/10.1016/j.ijans.2023.100609>
14. **Rawas H.**, & Abou Hashish E. (2023). Predictors and outcomes of patient safety culture at King Abdulaziz Medical City, Jeddah, Saud Arabia: A nursing Perspective. BMC Nursing; 22:229. Available from: <https://doi.org/10.1186/s12912-023-01391-w>
15. De Beer J, Sunari D, Nasser S, Alnasser Z, **Rawas H**, Alnajjar H. (2023). The presence of moral distress among critical care nurses in Saudi Arabia. Saudi Critical Care Journal.; 7:8-14. Available from: http://doi.10.4103/sccj_29_22
16. **Rawas H.** (2021). The theory of evidenced-based practice among clinical teaching assistants at a college of nursing in Jeddah, Saudi Arabia. Saudi J Health Sci. Aug 16; 10(2):125-131. http://doi.10.4103/sjhs.sjhs_35_21
17. Aljohani K, **Rawas H.** Evidence- based nursing practice. In: Aljohani K, Rawas H, Alilyyani B, Al Najjar H, Tayyib N, Al-Dossary R, Almadani N, Alsharari A, Al Thobaity A. (2021). Nursing Research for the Bachelor of nursing students.: 13-24. King Fahad Library. ISBN: 978-6-3-03-8282-8
18. Modoor S, Fouly H, **Rawas H.** (2021). The effect of warm compresses on perineal tear and pain intensity during the second stage of labor: A randomized controlled trial. Belitung Nursing Journal. Jun 7.

19. **Rawas H**, Bano N, Asif U, Khan MA. (2021). Nomophobia associated with depression, anxiety, and stress in nursing students: A cross-sectional study in college of nursing, Jeddah, Saudi Arabia. *King Khalid University Journal of Health Sciences.*;6(1):46.
20. Bano N, Khan MA, Asif U, de Beer J, **Rawas H**. (2021). Effects of nomophobia on anxiety, stress and depression among Saudi medical students in Jeddah, Saudi Arabia. *JPMA. The Journal of the Pakistan Medical Association.*;71(3):854-8. <http://doi.org/10.47391/JPMA.983>
21. Bano N, de Beer J, Omer T, **Rawas H**. (2020). Theme-based storytelling in teaching pharmacology to postgraduate nursing students. *Cogent Education.* 1;7(1):1770922. Available from: <https://doi.org/10.1080/2331186X.2020.1770922>
22. **Rawas H**, de Beer J, Al Najjar H, Bano N. (2020). Falling prey to predatory journals: experiences of nursing faculty. *International Journal of Africa Nursing Sciences.* 1;13:100222. <https://doi.org/10.1016/j.ijans.2020.100222>
23. **Rawas H**, Bano N, Alaidarous S. (2020). Comparing the Effects of Individual Versus Group Face-to-Face Class Activities in Flipped Classroom on Student's Test Performances. *Health Professions Education.*;6(2):153-61. <http://doi.org/10.1016/j.hpe.2019.06.002>
24. **Rawas H**, Yasmeen N. (2019). Perception of nursing students about their educational environment in College of Nursing at King Saud Bin Abdulaziz University for Health Sciences, Saudi Arabia. *Medical teacher.*;41(11):1307-14. <https://doi.org/10.1080/0142159X.2019.1638502>
25. Alnajjar H, Bayoumy HM, **Rawas H**, De Beer J. (2019). Assessing the effectiveness of two internship clinical training programs: Impact on the perception of competency enhancement and student satisfaction. *Saudi Journal for Health Sciences.*;8(2): 75. <https://www.saudijhealthsci.org/text.asp?2019/8/2/75/264949>
26. **Rawas H**. (2019). Comparison of Undergraduate Nursing Student Satisfaction in Flipped Class (FC), Active Lecture Class (ALC) and Traditional Lecture Class (TLC). *American Journal of Nursing Research.*;7(6):991-4. <http://pubs.sciepub.com/ajnr/7/6/12>
27. **Rawas H**. (2019). Moral distress in critical care nurses: A qualitative study. *International Journal of Studies in Nursing.*;4(4):35. <https://doi.org/10.20849/ijns.v4i4.659>
28. Al Najjar H, **Rawas H**. (2018). Factors Affecting the Clinical Practice of Nursing Interns at Tertiary Hospital Jeddah in Saudi Arabia. *International Journal of Studies in Nursing.*;3(3):45. <https://doi.org/10.20849/ijns.v3i3.479>
29. **Rawas H**, Windsor C. (2018). The Decision-Making of Saudi Women Students Who Study Nursing: A Grounded Theory Study. *Scholars' Press*; 144.
30. **Rawas H**, Theobald K, Yates P. (2018). The Second Chance Project: A Multi -Level Examination of Secondary Prevention Practices for Saudi People Following a Recent Cardiac Event. *Scholars' Press.* 296.

31. **Rawas H**, Yates P, Windsor C, Clark RA. (2011). Cultural challenges to secondary prevention: Implications for Saudi women. Collegian.;19(1):51-7.

<https://doi.org/10.1016/j.colegn.2011.12.00>

Contribution to Scientific Conferences and Symposia: (Beginning from the most recent for the last five years)

Conference Title	Place and date of the conference	Extent of Contribution
Critical, Emergency and Advance Nursing Care Conference	Manama, Bahrain, Nov, 2025	Attendance
AGU Obesity Conference	Manama, Bahrain, May, 2025	Attendance
36th Saudi Heart Annual Conference	Riyadh, Saudi Arabia, Oct. 2025	Speaker
Writing Self Study Report workshop	KSAU-HS. Jan, 2025	Attendance
The process of Evidence Based Practice in Nursing	the Nursing Symposium for 2023. Security Forces Hospital, Riyadh. May 2023	presenter
Effective Nursing Leadership and Management	King Abdullah Medical Complex Jeddah. Jan 2023	presenter
The Excellence in formative assessment workshop	SCFHS. May 17, 2023	Attendance
Good Clinical Practice course	The National Institute on Drug Abuse, National Institute of Health, NDAT CTN clinical Coordinating Center April 2023,	Attendance
Education and Professional Development: Nursing Simulation workshop	International Nursing Symposium 2023, Intercontinental Hotel, Jeddah. Feb 2023	presenter
Selecting research topic & writing research questions workshop	CON-J, KSAU-HS. Aug 2023	presenter
Faculty Awareness for NCAAA accreditation workshop	CON-J, KSAU-HS. Nov 2023	presenter
Alumni Awareness for NCAAA accreditation workshop	CON-J, KSAU-HS. Oct 2023	presenter
Students Awareness for NCAAA accreditation workshop	CON-J, KSAU-HS. Oct 2023	presenter
Employers Awareness for NCAAA accreditation" workshop	CON-J, KSAU-HS. Nov 2023	presenter
2nd CON Research Day	CON-J, KSAU-HS. May2023	Judge
Gulf Nursing Day	CON-J, KSAU-HS. Mar 2023	Participating
7th Health Professions Conference	KSAU-HS. Dec	judge
Nomophobia Associated with Depression, Anxiety, and Stress in Nursing Students: A Cross-Sectional Study in College of Nursing, Jeddah, Saudi Arabia	The 3rd International Conference on Nursing and Women's Health Care, Dubai, UAE. Nov 2022	Attendance

Clinical Simulation guided by Theoretical Frameworks workshop	The 5th Saudi Health Simulation Conference. Riyadh, Saudi Arabia. Nov 2022	Presenter
Effectiveness of Two Flipped Class Techniques on Test Performance of Undergraduate Nursing Students	The 5th International Conference on Advanced Research in Education, Aug 2022	Presenter
Medication Without Harm-Supporting Good Medication Practices in Nursing	WHO Nursing and Midwifery. Aug 2022	Attendance
Emergency and Critical Care Nursing and Midwifery Network Group: Building Nursing and Midwifery Expertise in Emergency Care	WHO Nursing and Midwifery. Aug 2022	Attendance
Systematic Review and Meta Analysis Workshop	CON-J, KSAU-HS. Oct 2022	Attendance
Basic Approach in Building Simulation Scenario Workshop	CON-J, KSAU-HS. Oct 2022	Attendance
Strategies for Building Community, Engagement, and Wellness in Hybrid and Digital Classroom course	Education Summit, July 2022	Attendance
Translational Research from Basic to Clinical Trail	College of Medicine, KSAU-HS, Riyadh, Saudi Arabia. Feb 2022	Attendance
Research Methods from Publication Perspective	College of Medicine, KSAU-HS, Riyadh, Saudi Arabia. Feb 9th, 2022,	Attendance
Best Care Training for CON-J Faculty	CON-J, KSAU-HS. Feb 2022	Attendance
Manikin Training Program for CON-J Faculty	CON-J, KSAU-HS Feb 2022	Attendance
Tips for Effective Use of Body Language in Teaching	College of Medicine, KSAU-HS, Riyadh, Saudi Arabia. Jan 2022	Attendance
Best Practices in Leadership and Management	The Institute of Public Administration (IPA). Dec 2021.	Attendance
Clinical Simulation guided by Theoretical Frameworks	The Virtual Medical Academy. Mar2021.	presenter
Future Nursing Leaders: Mid-Level Management	Al Amal Hospital, Ministry of Health, Feb 2020	presenter

Teaching Activities

Course Title	Extent of Contribution
Advance health assessment- postgraduate	Coordinator, theory and clinical teaching
Lifestyle Modification in Chronic Illness	Coordinator, theory teaching
Fundamental of Nursing I	Coordinator, theory teaching

Fundamental of Nursing II	Coordinator, theory and clinical teaching
Nursing Care of Adult I	Coordinator, theory and clinical teaching
Nursing Care for Adult II	Coordinator, theory and clinical teaching
Nursing Research & Evidence based practice	Coordinator, theory teaching
Applied Nursing Research	Coordinator, theory teaching
Healthcare Technology	Coordinator, theory teaching

Research Supervision

Degree Type	Title	Institution	Date
Master	Assessing the knowledge and predictors of preventing behaviors of urinary tract infections among pregnant women in king Abdul-Aziz medical city, Jeddah,	CON-J, KSAU-HS	2019
Master	The effect of warm compresses on perineal tears and pain intensity during the second stage of labor: A randomized controlled trial.	CON-J, KSAU-HS	2021
Master	Healthcare providers' educational role and Saudi pregnant women's knowledge of active labor signs: a cross-sectional correlational study	CON-J, KSAU-HS	2024

Committee Membership

From	To	Position	Organization
2024	Present	Member, College Council	CMHS, AGU
2024	Present	Member, CMHS Curriculum Committee	CMHS, AGU
2024	Present	Chair, Nursing Department Committee	CMHS, AGU
2023	2024	Chair, Quality Assurance Unit Committee	CON-J, KSAU-HS
2019	2024	Member, Executive Management Committee	CON-J, KSAU-HS
2023	2024	Member, Nursing Department Council	CON-J, KSAU-HS
2023	2024	Member, MSNM Curriculum Committee	CON-J, KSAU-HS
2023	2024	Member, BSN CON-J curriculum sub-committee	CON-J, KSAU-HS
2023	2024	Member, Unified Program Curriculum committee	CON-J, KSAU-HS
2023	2024	Member, Program Advisory Committee	CON-J, KSAU-HS
2023	2025	Member, Saudi Society for Simulation in Healthcare (SSSH) Committee	SSSH
2016	2024	Member, Research Unit Committee	CON-J, KSAU-HS
2018	2024	Member, Academic Advising and Counseling Committee	CON-J, KSAU-HS
2022	2024	Member, Peer Review Committee	CON-J, KSAU-HS
2017	Present	Member, Writing Saudi Nursing Licensing Exam SNLE Questions Committee	SCFHS
2022	2024	Member, Review Questions Bank for Cardiac Nursing Diploma Committee	SCFHS
2019	Present	Member, Cardiac Nursing Diploma Scientific Committee	SCFHS



2017	Present	Member, Cardiac Nursing Diploma Committee	SCFHS
2017	2021	Chair, Nursing Clinical Practice/Education Liaison Committee	CON-J, KSAU-HS
2017	2021	Chair, Internship Committee	CON-J, KSAU-HS
2018	2021	Chair, Clinical Simulation Committee	CON-J, KSAU-HS
2017	2021	Alumni Relation Committee	CON-J, KSAU-HS
2021	2021	Curriculum Review Task Force Committee	CON-J, KSAU-HS
2018	2021	University Female Board Committee	CON-J, KSAU-HS
2016	2021	Member, Student Disciplinary Sub-Committee	CON-J, KSAU-HS
2016	2021	Member, CON-J Curriculum Sub-Committee	CON-J, KSAU-HS
2016	2020	Member, Scholarship & Training Unit	CON-J, KSAU-HS
2015	2021	Member, Assessment and Evaluation Committee	CON-J, KSAU-HS
2016	2020	Member, Program Learning Outcome Committee	CON-J, KSAU-HS
2016	2020	Member, Faculty Enhancement and Development Committee	CON-J, KSAU-HS
2017	2020	Member, Recruitment, Credentialing of Faculty	CON-J, KSAU-HS
2017	2020	Member, Library & Learning Resources Committee	CON-J, KSAU-HS

Abbreviation

AGU
CMHS
CON-J
INACSL
KSA
KSAU-HS
NCAAA
SCFHS
SSSH

Keys

Arabian Gulf University
College of Medicine and Health Sciences
College of Nursing, Jeddah
International Nursing Association for Clinical Simulation and Learning
Kingdom of Saudi Arabia
King Saud bin Abdulaziz university for health sciences
National Center for academic accreditation and evaluation
Saudi Commission for Health Specialties
Saudi Society for Simulation in Healthcare